



EDiS: A COMPANY THAT CARES

Investing in long-term employee health & wellness with EDiS Well-01(k)

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We have a saying here – companies don’t build buildings – people do. At EDiS, we are nothing without the people who come to work here and do great things every day. We care about our people, and recently, we’ve made the decision to invest in their long-term health, differently.

All of this started in 2011, when I attended an AGC seminar at the Cooper Institute in Dallas about the role health maintenance and screenings can play in long-term individual health. We’re proud of the fact that so many EDiS employees retire here, and I did a lot of thinking on what it means to “retire well.”

We put a lot of time and effort into educating employees on their 401(k) and setting themselves up for financial wellbeing in retirement. For me, financial wellbeing just isn’t enough. We want EDiS employees to retire with the financial, mental,

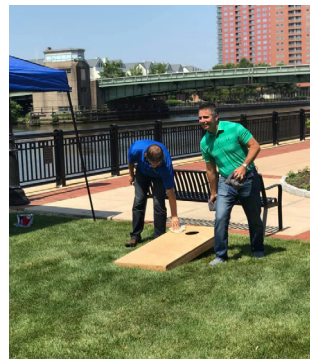


and physical health to really enjoy those years, Hence the name, Well - 01(k). It’s not enough to just say we care about our employees. We need to show them we care in tangible ways, and helping them invest in their long-term health and wellbeing is a great way to do that.

Coming out of the seminar, I began talking to, and ultimately



BRIAN AND MATT HALL PLAYING CORNHOLE



partnered with a medical solutions and health partner – CardioKinetics. Like EDiS, CardioKinetics believes everyone deserves to “live well.”

With a relationship-centric philosophy that so closely mirrors our own, the approach at CardioKinetics harkens back to the days of a family doctor who made house calls and knew their patients on a personal level.

“We look at the individual holistically. It lets us work together to understand where a person’s health is right now, create goals based on their individual risk factors and metrics, as well as where they want to be,” says Matt Hall, Director of Business Development at CardioKinetics.

“It has to be people first. If it’s not, then we’re just like everyone else.”

Here at EDiS, what first started out as biometric screenings and employee education has turned into a robust overall health and wellness benefit that includes participation incentives, an on-site fitness center, a company bike club, education, and physical assessment opportunities.

At the end of the day, I believe, and we as a company believe, that we owe the same level of loyalty to our employees as they show us in return. Helping them live healthier, happier lives is just one of the ways we set out to do that.

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